

Loved One: Are you READY?

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- Recognize your role as loved one.
 - Recognize the boundaries of your role as loved one.
 - Recognize your biases regarding the patient's care.
 - While your opinion is important, it will be the patient's wishes and directions that the medical professionals and health care
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E

- Empathize and support both your loved one and their health care agent.
 - Educate yourself on the patient's care plan and definition quality-of-life. While you may not be the health care agent, you may be next in line if medical professionals cannot reach the agent and need an immediate decision.
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- Accept your loved one's health care directive and care plan even if the plan is not what you would want them to do.
 - Accept that your wishes may be different than the your loved one's wishes for treatment plans.
 - Understand that you do not have to agree with their choices in health care directive however you need to accept their choices.
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- Don't derail the patient's care plan.
 - Don't disrupt treatments that are currently underway if those decisions have been made by either the patient and/or their health care agent.
 - Contact the hospital or clinic's ethic if you feel that the health care agent and/or medical team is not following the patient's wishes or their care plan.
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Y

- Yield. Set aside your expectations of the outcome.
- Yield to the patient's self-healing.
- Remember that all healing is self-healing.