

Health Care Agent: Are you READY?

R

- Re-read your patient's Health Care Directive.
 - Recall the stories they've told you about what's important to them, e.g. what they like to do; what they want to happen, and what they don't want to happen.
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E

- Evaluate the medical data.
 - Explore what options are available for your patient.
 - Examine the benefits of each option.
 - Examine the risks of each option.
 - What questions do you have for your patient if they are able to talk with you?
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A

- Assess the options.
 - Assemble a team of trusted advisors to help you assess the medical treatment options.
 - Compare and contrast each option against the patient's health care directive, quality of care plans and patient goals.
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D

- Decide which option is best.
 - Discuss with the medical professionals and family members as appropriate.
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Y

- Yield. Set aside your expectations of the outcome.
- Yield to the patient's self-healing.
- Remember that all healing is self-healing.